

DAY 24 – AUTHORITY IN PRAYER AND FASTING

Scripture

Matthew 17:21

"This kind does not go out except by prayer and fasting."

Meditation

Fasting refines your authority by increasing spiritual sensitivity. Prayer and fasting help quiet distractions, strengthen your dependence on God, and sharpen your awareness of His voice and direction. As you discipline your flesh and seek God more intentionally, you become more sensitive to spiritual realities and better positioned to exercise the authority He has given you.

Reflection

Private discipline fuels public power.

What area of your spiritual life needs deeper discipline through prayer and fasting so you can become more sensitive to God's voice and direction?

Confession

I sharpen my authority through prayer and fasting. I grow in spiritual sensitivity, discipline, and obedience to God. I hear His voice clearly and walk confidently in the authority He has given me.

Personal Notes
