

DAY 19 – ENCOURAGING ONE ANOTHER

Scripture

1 Thessalonians 5:11

"Encourage one another and build each other up."

Meditation

Every believer needs encouragement. Life brings challenges, disappointments, and moments when faith feels weak. In those moments, a timely word of encouragement can restore hope, strengthen faith, and remind someone that they are not alone.

God can use your words to bring comfort, courage, and renewed strength to others. Encouragement does not always require a long speech or grand gesture. Sometimes, a sincere compliment, a listening ear, a prayer, or a simple reminder of God's faithfulness can make a meaningful difference.

As members of the Body of Christ, we are called to build one another up, not tear one another down. Choose words that strengthen faith, inspire hope, and reflect the love of Christ. Never underestimate the power of a word spoken with grace at the right time.

Reflection

Speak life — it lifts others higher.

Who in your life might need encouragement today? What can you say or do to strengthen their faith, restore their hope, or remind them of God's love?

Confession

I am an encourager in the Body. My words build faith and hope. I speak with wisdom, kindness, and love. I refuse to tear others down with careless words; instead, I use my voice to strengthen, comfort, and inspire. Through the grace of Christ, my words bring life, my actions build others up, and my presence encourages those around me.

Personal Notes
